

UNIT 10: HEALTH AND HYGIENE

I/ VOCABULARY:

Section A: Personal hygiene

+ health	(n):	sức khỏe
→ healthy	(adj):	khỏe mạnh
+ hygiene	(n):	việc vệ sinh
+ personal	(adj):	cá nhân
→ personal hygiene		vệ sinh cá nhân
+ hope	(v):	hy vọng

→hope + to V

+ nearly	(adv):	gần đến, gần như
+ harvest	(n):	vụ mùa
+ help	(v):	giúp đỡ
→ helpful	(adj):	giúp ích
+ exercise	(n):	thể dục
→ take/ do morning exercise		tập thể dục buổi sáng
+ early # late	(adj):	sớm # trễ
+ busy	(adj):	bận rộn
+ own	(v/ adj):	sở hữu/ của chính mình
+ wash	(v):	giặt rửa
→ washing	(n):	sự giặt rửa
+ iron	(v):	ủi, là
→ ironing	(n):	việc ủi là
+ stay up	(phr.v):	thức
→ stay up late		thức khuya
+ probably	(adv):	chắc hẳn
+ forget – forgot		quên
+ change	(v):	thay đổi
+ polish	(v):	đánh bóng
+ put on	(exp):	mặc, đeo, mang
+ comb	(v):	chải
+ glad	(adj):	vui mừng
+ at first	(exp):	lúc đầu
+ strange	(adj):	xa lạ

II/ GRAMMAR: Imperative sentence (câu mệnh lệnh)

_ Là câu ra lệnh, sai khiến hoặc đe nghị ai làm (hoặc không làm) điều gì.

a. Affirmative imperatives (câu mệnh lệnh khẳng định)

V + O

Ex: **Clean** your room right now.

Brush teeth after meals.

b. Negative imperatives (câu mệnh lệnh phủ định)

Do not /Don't + V + O

Ex: **Don't eat** too much candy.

Don't stay up late.

EXERCISES

I/ Rewrite

1. It's very important to brush your teeth.
→Brushing
2. Remember to wash your own clothes.
→Don't forget
3. I had to go to the dentist because I had a headache.
→I had a
4. You should not eat too much candy.
→Don't
5. She has a pain in stomach
→She
6. Remember to keep warm when it's cold.
→Don't
7. What was wrong with you, Minh?
→What.....?
8. Don't forget to wash your hands before meals.
→Remember.....
9. Don't forget to brush your teeth every day.
→Remember.....
10. Don't stay up late at night.
→Remember not.....
11. It is very useful to do morning exercises.
→Doing morning

II/ Supply the correct forms of the words in brackets.

1. We areabout the final exam. (worry)
2. The boy wereto cross the street. (scare)
3. Try to wait a few minutes and your tooth stops (hurt)
4. She always washes and irons her clothescare)
5. They look poor and(healthy)
6. He is always willing to help people. He is aperson. (help)
7. Minh has to see a dentist because he has a..... (tooth)
8. The dentist is kind and very.....(help)

9. The mother felt when her son came home late. (worry)

10. I was when I visited the dentist. (scare)

III/ Choose the best answer:

1. Hoa's parents are very busy at ... (the harvest/ the harvest time / harvest time / a&c)
2. I always do morning exercises 20 minutes. (during/ in/ within/ for)
3. Nga lives with her parents but she washes her clothes. (the / own/ personal / every)
4. I how you feel but don't worry. (know/ understand/ sees/ feel)
5. Oh, my tooth! (is hurting/ hurts me/ makes me painful/ hurts)
6. Don't forget your teeth before going to bed. (brushing/ to brush/ not to brush/ about brushing)

7. The cavity in my mouth was small and wasn't (different / serious/ colorful/ severe)

8. Do you often help your parents the housework? (with/ about/ for/ at)

9. Don't forget to wash your before meals. (feet/ face/ teeth/ hands)

10. to brush your teeth every day.

(It's an important fact/ It's a very important thing/ It's important/ That's important)

11. My aunt tells us a lot you. (about/ of/ for/ to)

12. The dentist a cavity in my mouth. (made/ filled/ stopped/ covered)

13. Most children feel when they come to see the dentist. (upset/ sad/ happy/ scared)

14. Did you watch the football match on TV?

(last morning/ the morning yesterday/ in the morning yesterday/ yesterday morning)

15. After taking some aspirins, you are (good / well / tiring / goodly)

16. We are working on the farm. (hardly / hard / hardness / handful)

17. She a letter from her aunt last week. (receiving / received / receives / is receiving)

18. You morning exercises now. (took / take / taking / are taking)

19. She is happy you do now. (hearing / hear / to hear / hears)

20. You must remember your own clothes.

(wash and iron / to wash and to iron / to wash and iron / to wash and ironing)

21. Don't eat candy. It's not good for you teeth. (much too / too much / too many / very much)

22. My mother told me about my problem. (shouldn't worry / not to worry / don't worry / not worry)

23. I a toothache. It's very serious. (take / have / get / catch)

24. She smiles Minh. (with / at / about / to)

25. She finishes 10 minutes. (less than in / in less than / in than less / than less in)

26. Minh looks (worried / worry / worrying / worries)

27. You try forget to go home after school. (don't / not / not to / to not)

28. your teeth is very important. (Brush / Brushing / To brush / Not brushing)

29. Clean teeth healthy teeth. (is / are / must / were)

30. It stopped afterwards. I am well now. (to hurt / hurts / hurting / hurt)

UNIT 10: HEALTH AND HYGIENE

I/ VOCABULARY:

Section B: A bad toothache

+ worry	(v):	lo lắng
→worried	(adj):	lo lắng
+ careful	(adj):	cẩn thận
→carefully	(adv):	một cách cẩn thận
+ toothache	(n):	bệnh đau răng
+ dentist	(n):	nha sĩ
→dental	(adj):	thuộc (răng)
+ appointment	(n):	cuộc hẹn
+ scare	(v):	làm sợ hãi
→scared	(adj):	sợ hãi
+ hate	(v):	ghét
+ sound	(n):	âm thanh
+ drill	(n):	máy khoan
+ loud	(adj):	to, ầm ĩ
+ understand – understood		hiểu
+ fill	(v):	lấp, làm đầy
+ cavity	(n):	hở răng sâu
+ kind	(adj):	tốt, ân cần
+ stop + to V		ngừng để làm gì

(Ex: He **stops to drink** a cup of tea.)

+ stop + V_{ing}		ngừng hẵn việc gì
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(Ex: He **stops drinking** a cup of tea.)

+ hurt	(v):	làm đau
+ afterwards	(adv):	về sau
+ surgery	(n):	phòng khám
+ check	(v):	kiểm tra
+ nervous	(adj):	lo lắng
+ smile	(v):	mỉm cười
+ serious	(adj):	nghiêm trọng
+ notice	(v):	nhận thấy
+ explain	(v):	giải thích
+ afraid	(adj):	sợ hãi
+ remind	(v):	nhắc nhở

II/ GRAMMAR: Ask for and give reason (Hỏi và trả lời lý do)

_ Để hỏi lý do hoặc nguyên nhân, ta dùng trạng từ nghi vấn **Why**

Why + trợ động từ + S + V?
→Because

Ex: Why does Minh feel nervous?

→Because he is seeing a dentist.

Ex: Why were you late for school yesterday?

→Because I missed the first bus.

EXERCISES

I/ Write imperative sentences

1. *You should go to bed early* → *Go to bed early.*
2. *You should not stay up late* → *Don't stay up late.*
3. You should not play soccer on the street. →
4. You should brush your teeth after meal. →
5. You should eat too much candy. →
6. You should wash your hands before meals. →
7. You should tidy your room every day. →
8. You should not forget to write to your parents. →

II/ Supply the correct form of verb in bracket.

1. She never (stay) up late at night.
2. My brother (work) in Ha Noi at present.
3. Why you (leave) the party early last night.
4. Minh (go) to the dentist tomorrow morning.
5. Nam (brush) his teeth every day, but last night he (forget) to brush them.
6. I'm scared of (hear) the ghost stories.
7. Remember (brush) your teeth after meals.
8. Did you remember (book) the seats?
9. Yesterday, she (have) lunch with her family in a restaurant.
10. Yesterday (be) Sunday, he (get) up at six.

III/ Put the suitable preposition to complete the sentence

1. My mother takes care the family.
2. She smiled the child and said "Hello"

3. She is always worried her children.
4. Milk is good your health.
5. Most children are scared seeing the dentist.
6. The dentist looked my teeth.
7. Mr. Thanh has an appointment 4 o'clock this afternoon.
8. Yesterday the dentist filled a cavity my tooth.
9. What's wrong Sue?
10. Mrs. Quyen is a very kind doctor. She looks sick people very carefully.

IV/ Choose the best answer:

- 1/He gets up early to morning exercises.(take, make, play, practice)
- 2/sometimes I my own washing and ironing.(did, do, am doing, will do)
- 3/The farmers on the farm now.(work, worked, are working, will work)
- 4/Don't forget your teeth before going to bed.(brush, to brush, brushing, not to brush)
- 5/She was sick, but now she feels again.(good, well, badly, best)
- 6/You have to take care yourself when you're away from home.(in, on, about, of)
- 7/When you have a toothache, you should go to see the (journalist, mechanic, dentist, pianist)
- 8/Children are of going out at night.(pleased, keen, afraid ,interested)
- 9/If you eat too candy, you'll get a toothache.(much ,many, lots, a lot)
- 10/The dentist a cavity in Minh's tooth.(did, made, filled, pulled)
- 11/After the dentist filled the cavity in his tooth, it stopped(hurt ,hurting, to hurt, to hurting)
- 12/The sound of the drill was so that I felt scared.(important, scared, nervous, loud)
- 13/Farmers are always busy at (summer, recess, harvest time, New Year Day)
- 14/ do you brush your teeth? Twice a day.(How, How often, How much, How long)
- 15/I can't chew because I have a (headache, toothache, stomachache, cold)
- 16/I hate the of the drill at the dentist's.(noise, sound, voice, music)
- 17/...did she go to the dentist last week? Because she had a toothache.(When, What, Why, Who)
- 18/I to see you tomorrow.(enjoy, hope, know ,think)
- 19/Her mother wanted her up early.(get, to get, getting, got)
- 20/The dentist smiled him kindly.(with, at, to, on)
- 21/Nga a fever this morning.(has, have, had, will have)
- 22/He's fond of books.(reads, to read, reading, read)
- 23/What wrong with Lisa yesterday?(was, were, is, are)
- 24/What's the with you Mary? You look worried.(wrong, question, problem, matter)
- 25/I have a/an to see the dentist at 10a.m, but I'm scared.(meeting, experiment, appointment, department)
- 26/The dentist was kind but Minh felt(happy, nervous, pleasant, helpful)
- 27/She says that clean teeth are teeth.(bad, well, ill, healthy)
- 28/You should look your teeth.(at, for, after, up)
- 29/ your teeth is very important.(brush, brushing, check, checking)
- 30/Wash your hands meals.(at, in, after, before)

Mọi thắc mắc Phụ huynh và học sinh có thể liên hệ:

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